

## AFTER YOUR BOTOX

1. Keep your head above your heart for 4 hours.
2. Make the faces that make the lines for 1 hour.
3. No rubbing or massaging for 4 hours.
4. Avoid tight fitting clothing or gear to treated area.
5. Results will begin to appear in 3-4 days, allow up to 2 weeks for final results.
6. Call the office if you have any questions or concerns.